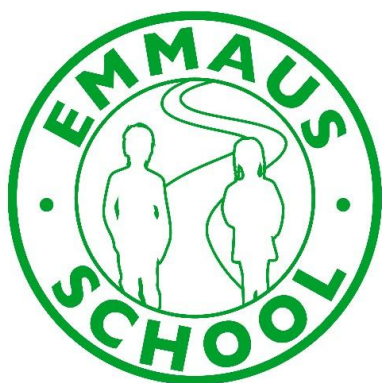


Relationships and Sex Education Policy



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Relationships and Sex Education

This policy sets out how the School will deliver Relationships and Sex Education (RSE). This policy is applicable to all children including those in Early Year Foundation Stage. All pupils must receive relationships education, and sex education will only be delivered for pupils from Y7.

Our Approach

"'Love the Lord your God with all your heart and with all your soul and with all your mind.' This is the first and greatest commandment. And the second is like it: 'Love your neighbour as yourself.' All the Law and the Prophets hang on these two commandments."

Matthew 22:37-40

Biblical values and principles underpin everything that is taught at Emmaus School. We believe that God made humans in His image and likeness, and this gives human life dignity and value. Our approach to RSE is, therefore, rooted in Biblical teaching about the human person and is presented in the framework of Christian ideals – 'God's best for us'. As a consequence of the Christian belief that men and women are made in the image and likeness of God, human relationships and sexuality are viewed as God's gift and reflect His beauty and skill as the Master Designer. All RSE will be in accordance with Biblical teaching and will emphasise the importance of marriage and family, whilst being respectful and supportive of all pupils, whatever household they come from. It is important that pupils understand the high standard of moral living to which we are called, but that God is willing to extend to us His grace when those standards are not met – there are many examples of this in the Bible, such as King David and Bathsheba.

Aims and Objectives

In accordance with the School's aim to help children develop their relationship with God, other people and the world that God has created, and to prepare children to live in contemporary society and develop Biblical character, the aim of the School's RSE programme is to provide children and young people with a positive and wise sexual education which takes into account the age, development and religious background of the pupils. Pupils will learn the Bible's teaching on marriage, family life, relationships and God's design for sexual relationships.

To develop in pupils the following attitudes and virtues:

- respect for the dignity of every human being – in their own person and in the person of others
- joy in the goodness of the created world and their own bodily natures
- celebrating the gift of life-long, self-giving love
- recognising the importance of marriage and family life
- faithfulness in relationships
- responsibility for their own actions and a recognition of the impact of these on others
- reverence for the gift of human sexuality

To develop in pupils the following **personal and social skills**:

- the ability to make sound judgements and good choices
- the ability to form friendships as well as loving, stable relationships free from exploitation, abuse and bullying
- the ability to manage emotions within relationships, and when relationships break down, with confidence, sensitivity and dignity
- the ability to manage conflict positively, recognising the value of difference
- self-esteem and confidence, demonstrating self-respect and empathy for others
- the ability to resist unwanted pressures
- the ability to delay gratification, to recognise the appropriate stages in the development of relationships, and know how to love chastely
- to be well-prepared for adult life, knowing how to assess risks and manage behaviours in order to minimise the risk to health and personal integrity

Equalities Obligations

The Governing Body has wider responsibilities under the Equalities Act 2010 and will ensure that the School strives to do the best for all of the pupils, irrespective of disability, educational needs, race, nationality, ethnic or national origin, pregnancy, maternity, sex, gender identity, religion or sexual orientation or whether they are looked after children.

Curriculum and Teaching

RSE will be taught as part of the School's Personal Social Health and Economic (PSHE) programme. Science lessons will cover how the reproductive system works and other aspects of relationships education will be covered in PSHE, Religious Education, assemblies and Computer Science (online safety).

Relationships in School Between Pupils

Emmaus School is primarily a learning community with a strong family atmosphere. We encourage pupils to build a range of healthy and inclusive friendships across gender and year groups which mirrors the ideals of living in Christian community.

In preparation for understanding appropriate behaviour in the workplace, overt and exclusive romantic relationships or public displays of affection are not permitted in the school context and will be addressed if seen by the teachers and parents will be informed.

Parents and Carers

We believe that God has given parents the responsibility to educate their children, and the School's desire is to support parents to fulfil their responsibilities. The curriculum for RSE has been developed in consultation with parents, taking into account their views about what should be taught and when.

Parents will be able to view the proposed schemes of work and resources used by the School, and the School will notify parents when more sensitive aspects of RSE will be covered. Parents have **the right to withdraw** their children from sex education, up to and until three terms before the child turns 16, except in the elements covered by a GCSE science course, and they are asked to notify the Headteacher. There is no right by law to withdraw pupils from Relationships Education.

Supporting Children and Young People at Risk

Children will also need to feel safe and secure in the environment in which RSE takes place. Effective RSE will provide opportunities for discussion of what is and is not appropriate in relationships. Such discussion may well lead to disclosure of a safeguarding issue. Teachers will need to be aware of the needs of their pupils and not let any fears and worries go unnoticed. Where a teacher suspects that a child or young person is a victim of or is at risk of abuse, they are required to follow the School's Safeguarding Policy and immediately inform the Designated Safeguarding Lead, or the Deputy Designated Safeguarding Lead.

Confidentiality

All governors, all teachers, all support staff, all parents and all pupils must be made aware of this policy, and understand that issues of advice and confidentiality may arise as a result of RSE lessons.

Pupils will be encouraged to talk to their parents/carers about the issues which are discussed in the programme. Teachers will always help pupils facing personal difficulties, in line with the school's pastoral care policy. However, teachers should never promise pupils unconditional confidentiality. Teachers should explain that in matters which are illegal or abusive, for example, they will have to inform others, e.g. parents, head teacher, but that pupils will always be informed first that such action is going to be taken.

Policy Review

This policy will be reviewed every 2 years.

RSE Curriculum Overview

PRIMARY

	Key Stage 1		Key Stage 2 (Lower)		Key Stage 2 (Upper)	
RSE	Unit 1 Families and people who care for me 3 lessons What is a family? Caring relationships What is marriage? Unit 2 Caring friendships 3 Lessons Best friends When friends fall out How to get help	Unit 3 Respectful relationships 3 Lessons Courtesy and manners What is bullying? Respect for others including those in authority Unit 4 Online relationships Staying safe online	Unit 1 Families and people who care for me 4 Lessons Healthy families Respecting parents and carers Marriage Unit 2 Caring friendships 4 Lessons What is friendship? Loving me or loving others? How to find help when a friendship feels confusing or uncomfortable	Unit 3 Respectful relationships 3 Lessons Manners and politeness Self-respect Respecting others What is prejudice? Who should I respect outside the family? Unit 4 Online relationships 1 Lesson Staying safe online	Unit 1 Families and people who care for me 4 Lessons Characteristics of a healthy family Respecting parents and carers Marriage Unit 2 Caring friendships 4 Lessons Characteristics of friendships Self-centred v other-person centred When a friendship feels uncomfortable	Unit 3 Respectful relationships 3 Lessons Courtesy and self-respect Respecting others without prejudice or discrimination Respect for those in authority Unit 4 Online relationships 1 Lesson Staying safe online
	Resources www lovewise.org.uk/relationships-matter					

SECONDARY

	Key Stage 3 - Y7/8		Key Stage 3 - Y9	Key Stage 4 - Y10/11	
RSE	Y7/8 Growing Up/Growing Wise 4 sessions Key Topics: How your body changes What is the purpose of puberty? Harmful sexual behaviour Protecting myself	<u>Growing Up / Growing Wise</u> 5 sessions Key topics: Marriage How a baby is born Family life Forced marriage	Making Godly Choices 7 sessions Key Topics: Marriage: a picture of Christ's relationship with his people, and the benefits of marriage Power and consent Exploitation Sexual harassment	How Relationships Change Over Time and Power in Relationships 12 sessions Key Topics: Separation and sudden changes Death, grief and loss Grieving processes Power in relationships Healthy	Parenting and Pregnancy 9 sessions Key Topics: The importance of marriage Different styles of parenting Child development Where parents and carers can get support. Stages of pregnancy

	online and seeking support		Healthy intimate relationships Contraceptive choices Sexually transmitted infections	relationships Recognising abuse and violence How to protect myself and others Healthy intimate relationships Harmful sexual behaviour Recognising unhealthy relationships Consent Safety, respect and trust in intimate relationships Drugs and risky behaviour Alcohol and risky behaviour AI and protecting myself online	The fertility cycle Healthy pregnancy Unintended pregnancy Abortion FGM, hymenoplasty, and virginity testing
	Resources from: Lovewise Oak National Academy				